



# Cardio Essentials Cholestin Support

Support for Healthy Cholesterol  
Levels Already in the Normal Range\*

## Cardio Essentials Cholestin Support Supplementation

NutriDyn has a new formula to support healthy cholesterol levels already in the normal range, Cardio Essentials Cholestin Support.\* This innovative formula provides sustained-release nutrients to support the cardiovascular system.\* The updated formula now comes in packets containing two separate types of tablets to assist disintegration time, resulting in further reduced facial flushing.\* Each packet contains two red yeast rice/phyosterols tablets and one niacin/pantethine tablet.

Supplementation with Cardio Essentials Cholestin Support may include these benefits:

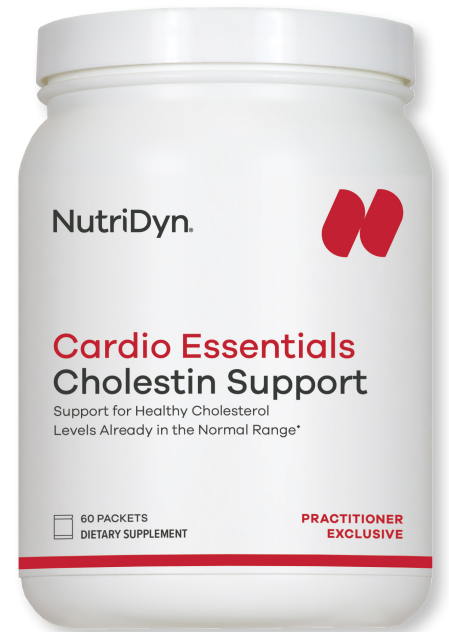
- Supports healthy cholesterol levels already in the normal range\*
- Promotes healthy blood lipid levels already in a normal range\*
- Supports cardiovascular function\*

## How Cardio Essentials Cholestin Support Works

Cholesterol comes in two primary forms: low-density lipoprotein (LDL) and high-density lipoprotein (HDL). Cholesterol itself is not bad. The body needs cholesterol to support the endocrine system and digestive tract and help organs function properly.\*<sup>1,2,3</sup>

Too much LDL cholesterol, however, may cause cardiovascular, circulatory, endocrine, digestive, and nervous system issues.\*<sup>1,2,3</sup> Cardio Essentials Cholestin Support is formulated with sustained-release phytosterols, pantethine, niacin, and red yeast rice powder to promote healthy cholesterol levels already in the normal range through natural physiological processes.\*

Phytosterols are similar in chemical structure to the cholesterol we produce in our bodies. However, they are minimally absorbed from the small intestine and do not enter our bloodstream.\*<sup>4,5</sup> Clinical studies have demonstrated how phytosterols actually impede the absorption of dietary cholesterol and cholesterol produced in the liver.\*<sup>6</sup> The American Heart Association even recommends the use of phytosterols to support healthy cholesterol levels already in the normal range and healthy cardiovascular function.\*<sup>6</sup>



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## How Cardio Essentials Cholestin Support Works Continued

The proprietary Pantestin® pantethine is a patented form of biologically active vitamin B5 and a key constituent of Coenzyme A. Many other supplements rely on pantothenic acid as a form of vitamin B5, which is less stable and susceptible to degradation in the body. NutriDyn's innovative Cardio Essentials Cholestin Support uses clinically validated Pantestin® pantethine since it has been shown to help maintain healthy cholesterol levels already in the normal range by playing a key role in the metabolism of amino acids, carbohydrates, and lipids.\*<sup>7</sup> Additional clinical trials suggest that pantethine supplementation helps maintain heart-healthy lipid levels already within the normal range.\*<sup>8</sup>

Niacin is an essential micronutrient that supports healthy cholesterol levels already within the normal range.\*<sup>9</sup> Research suggests that niacin acts to reduce the availability of free fatty acids for the liver to produce triglycerides and other lipids.\*<sup>10</sup> Clinical studies also show a positive connection between cardiovascular health and niacin consumption.\*<sup>9,10,11</sup>

Unique to NutriDyn's Cardio Essentials Cholestin Support formula is the addition of red yeast rice, a type of fermented rice produced using a specific species of mold. Red yeast rice has been used in Traditional Chinese Medicine for centuries for its ability to promote healthy cholesterol levels already in the normal range and support heart health.\*<sup>12</sup> Modern clinical studies have validated red yeast rice's bioactive polyketide pigments and unsaturated fatty acids known to support healthy cholesterol levels already in the normal range and promote cardiovascular health.\*<sup>13</sup>

## Why Use Cardio Essentials Cholestin Support?

Research cited herein suggests that the micronutrients in Cardio Essentials Cholestin Support promote overall cardiovascular health with a specific focus on supporting healthy cholesterol levels already in the normal range.\* Each of the individual ingredients in Cardio Essentials Cholestin Support has been clinically validated to support healthy cholesterol levels already in the normal range through natural physiological processes.\*

## Supplement Facts

Serving Size: 1 Packet

Servings Per Container: 60

	Amount Per Serving	%DV*
Niacin (as nicotinic acid)	500 mg NE	3,125%
Red Yeast Rice (seed; <i>Monascus purpureus</i> )	800 mg	**
Phytosterols	668 mg	**
Pantethine (Pantestin®)	200 mg	**

**Other Ingredients:** Red Yeast Rice/Phytosterols: Isomalt, vegetable stearic acid, vegetable magnesium stearate, silica. Niacin/Pantethine: Vegetable waxes (rice bran and/or carnauba), vegetable stearic acid, silica, vegetable magnesium stearate.

Pantestin® is a registered trademark of Kyowa Pharma Chemical Co., Ltd.

**Directions:** Take one packet twice daily with food or as directed by your healthcare practitioner.

**Caution:** Temporary flushing, itching, or warming of the skin may occur. If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

### References:

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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